



Is A Wash-N-Go Bad In The Winter?

Many people question whether a wash-n-go is a safe style for their hair during the winter but i'm here to say it is perfectly okay to wear a wash-n-go during the winter. I love my wash-n-go curls too much to not rock it for a whole season! In this article, I will list out some key tips to protect your hair from freezing together or breaking.

1. First and foremost, NEVER go outside with your hair wet. Not only will your hair freeze together and break but you can easily get sick. So, even if it's for 2 minutes, don't risk going outside with your hair until it is 100% dry.

2. Deep condition your hair once a week for 30 minutes minimum.

3. Oil your hair from roots to end daily

4. Air-dry, diffuse, dryer, or whatever your method of drying is, do it until hair is completely dry.

and only go outside when your hair is completely dry!!

Now Naturalistas, if you follow these basic tips. There's no reason why a wash-n-go would be a bad style to rock during the winter. Just remember to always keep your hair moisturized to beat the bad weather from trying to take away your hair's moisture